I loved the part where he told the students, “I know you can do better.” even though they already exceeded expectations. It reminded me of the time nobody thought you could run a four minute mile. It was considered impossible, but as soon as one person did it the perceived limit was broken and many people started accomplishing it. I also liked the advice about caring more about what people do than what they say (it was about dating but still widely applicable). I think even if someone is not lying, a lot of people don’t live according to their own morals without realizing it.

A large part of it makes me feel mournful though. It’s like I know that we are all dying, but for whatever reason it hasn’t sunk in and led to any behavioral change. I waste so much time. I couldn’t tell you probably half of what I’ve watched on youtube over the years, most of it was unimportant. Yet there is still something inside me that does it as a form of release. School felt the same way for a long time, insignificant against death and the wider world. But it is useful to me now and plays into the bigger picture of what I care about. I just tend to be a passive person and it can be hard to build inertia.

It reminded me of the Ghost in the Shell song, “What’s it for?” It makes me cry thinking about how someone with such zest for life has to pass away when I am here wasting the opportunities I have.

<https://www.youtube.com/watch?v=uWOOyS3QsPE>

I'm not too sure that I can go much further

I'm really not sure things are even getting better

I'm so tired of the me that has to disagree

I'm so tired of the me that's in control

I woke up to see the sun shining all around me

How could it shine down on me?

You'd think that it would notice I can't take anymore

Had to ask myself what's it really for?

Everything I tried to do it didn't matter

And now I might be better off just rolling over

'Cause you know I tried so hard but couldn't change a thing

And it hurt so much I might as well let go

I can't really take the sun shining all around me

Why would it shine down on me?

You'd think that it would notice I no longer believe

Can't help telling myself it don't mean a thing

I woke up to see the sun shining all around me

How could it shine down on me?

Sunshine in all its beauty

Why would it shine down on me?

You'd think that it would notice I can't take anymore

Just had to ask myself what's it really for?